

Sports Academy Dance 2012



Summary

Centre	Dicker
Hours	6 hours per week (4 x 1.5 hour sessions)
Days	Monday, Tuesday, Thursday & Friday
Ages	12-17
Levels	Beginner, Low & Intermediate
Coach	1 coach per 10 students
Price	£220 per week

Objectives

- To increase every student's skills and competencies in dance.
- To offer professional, relevant instruction from a qualified contemporary dance instructor.
- To develop students' knowledge of English dance terminology and an understanding of themes and narratives.
- To provide opportunities for every student to develop creativity through dance.

Venue

Sports Academy Dance instruction takes place in the dance studio on campus at Dicker.

Skills Developed

Ability	Week 1	Week 2	Week 3
Beginner	<ul style="list-style-type: none"> • Contemporary dance vocabulary and warm-ups. • Contemporary dance technique: centre work; floor work and stretches; jumps and travelling. 	<ul style="list-style-type: none"> • Develop warm-ups and contemporary dance technique to include partner work and use of space and levels. • Use of dance vocabulary within a set dance sequence. 	<ul style="list-style-type: none"> • More complex contemporary dance vocabulary. • Introduction to choreographic skills. • Development of individual dance vocabulary through creative tasks. • Set sequence incorporates student's material with an emphasis on performance.
Low	<ul style="list-style-type: none"> • As above, to a more advanced level. 	<ul style="list-style-type: none"> • As above, to a more advanced level. 	<ul style="list-style-type: none"> • As above, to a more advanced level.
Intermediate	<ul style="list-style-type: none"> • As above, to an even more advanced level e.g. creative warm-ups. 	<ul style="list-style-type: none"> • As above, to an even more advanced level, e.g. partner work includes balances and lifts. 	<ul style="list-style-type: none"> • As above, to an even more advanced level.

Student Quotes

"My favourite memory of Academy Dance is creating a dance with a piece of material. It was great!"
Kate – 12, Beginner, Russia

"Academy Dance is very professional... amazing choreography"
Maryna – 14, Low Level, Ukraine

"I really like the Dance Academy because I have made lots of friends and the teacher is a really nice person."
Annabelle – 15, Intermediate, Germany

Accredited by the



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